

DACUM Panel

1. Ms. Goma Regmi (Kusum)
B.N. Incharge, 4th Division
2. Ms. Pampha Pun (Pampha)
B.N. Incharge, 4th Division
3. Mr. Ishwori Dawadi (Nimesh)
B.N. Incharge, 3rd Division
4. Mr. Lal Bahadur Basnet (Sidhanta)
B.N. Incharge, 3rd Division
5. Mr. Bibek Kumar Achhami (Madan)
B.N. Incharge, 3rd Division
6. Mr. Bam Bahadur Sunam (Nibandha)
B.N. Incharge, 4th Division
7. Mr. Jit Bahadur Baral (Bishal)
B.N. Incharge, 4th Division
8. Mr. Tilak Bahadur Bagale (Star BM)
B.N. Incharge, 4th Division
9. Ms. Goma Timalisina (Prabha)
B.N. Incharge, 3rd Division
10. Ms. Shuvakamana Subedi (Bivishika)
B.N. Incharge, 4th Division
11. Mr. Harish Dayal (Arjun)
B.N. Incharge 3rd Division
12. Mr. Dhani Ram Simkhada (Birochan)
B.N. Incharge, 3rd Division

Coordinator

Mr. Num Kanta Acharya (Binod)
Chief of health department of 3rd Division.

DACUM Facilitator/Recorder

Mr Suresh Bhaila
Mr. Tara Raj Luitel

Verification Panel

1. MS. Kalpana Adhikari (Shrishti)
B.N.Incharge, 3rd Division
2. Mr. Ganesh Regmi (Prakash)
B.N.Incharge, 3rd Division
3. Ms. Menaka Dahal (Meena)
B.N. Incharge, 1st Division
4. Ms. Rupa B.K.
Company Incharge, 4th Division
5. Ms. Kamala Shahi
Company Incharge, 7th Division
6. Mr. Somnath Bhattarai (Pipal)
Company Incharge, 4th Division
7. Mr. Bhoj Raj Joshi
B.R.D Incharge, 7th Division
8. Mr. Kul Bahadur Oli (Pratirodh)
Company Incharge, 5th Division
9. Ms. Kalpana B.C.
Company Incharge, 5th Division
10. Ms. Sima Chaudhary (Nirmala)
Company Incharge, 6th Division
11. Mr. Ratan Pariyar (Anjan)
B.N. Incharge, 6th Division

Facilitator/Recorder:

Mr Ram Hari Devkota
Mr. Suresh Bhaila

Technical Sub-Committee

1. Dr. Ram Prasad Pokharel, Coordinator
Chairman, Nepal Netra Joti Sangh
 2. Mr. Chandra Bhakta Nakarmi, Member
Director, NSTB
 3. Dr. Gyanendra Shah, Member
Central Committee Member, All Nepal
People Health Worker's Association
 4. Mr. Om prakash Mehta, Member
Registrar, Nepal Health Professional Council
 5. Ms. Ishwori Khanal, Member
Registrar, Nepal Nursing Council
 6. Mr. Krishna Khanal, Member
Coordinator, Cantonment Health
Management
- Mr. Suresh Bhaila, Member, NSTB
Mr. Ram Hari Devkota, Member, NSTB

Occupational Profile



Model Health Worker, L - 2

(2065.5.26 & 27)



Council For Technical Education and Vocational Training

NATIONAL SKILL TESTING BOARD

Madyapur Thimi 17, Sanothimi, Bhaktapur

Nepal

(Recommended date October 27, 2008)

DUTIES and TASKS

A. Perform first aid and war trauma .

A1 Clear ABC.			A2 Control bleeding.			A3 Perform mouth to mouth respiration.			A4 Compress chest (CPR).		
Task rating			Task rating			Task rating			Task rating		
Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency
3	2	1	3	2	1	3	3	1	3	3	1
A5 Support fracture by splint.			A6 Perform first aid of snake bites.			A7 Perform first aid of insects bites.			A8 Perform first aid of animal bites.		
Task rating			Task rating			Task rating			Task rating		
Critical	Difficulty	Frequency	Difficulty	Frequency	Frequency	Difficulty	Frequency	Frequency	Critical	Difficulty	Frequency
3	2	1	3	3	1	3	3	1	3	3	1
A9 Perform first aid of electric injury (Burn/Shock).			A10 Perform first aid of drowning.			A11 Perform first aid of burning.			A12 Perform first aid of food poisons.		
Task rating			Task rating			Task rating			Task rating		
Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Critical	Critical	Difficulty	Frequency
3	3	1	3	3	1	3	3	3	3	2	1
A13 Perform first aid of poisoning.			A14 Perform catheterization.			A15 Perform first aid of acute abdominal pain.			A16 Control vomiting.		
Task rating			Task rating			Task rating			Task rating		
Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency
3	3	1	3	3	1	3	2	2	3	2	2
A17 Control diarrhea.			A18 Remove foreign body on ENT.			A19 Perform bandage.			A20 Perform first aid of war wound		
Task rating			Task rating			Task rating			Task rating		
Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency
3	2	2	3	3	1	3	3	1	3	3	1
A21 Perform first aid of unconscious patients.											
Task rating											
Critical	Difficulty	Frequency									
3	3	1									

B. Check OPD patient (Normal) .

B1 Take patient history.			B2 Measure height and weight.			B3 Take respiration rate.			B4 Take pulse rate .		
Task rating			Task rating			Task rating			Task rating		
Critical	Critical	Difficulty	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency
3	3	1	3	1	3	2	1	2	3	1	3
B5 Take temperature .			B6 Take blood pressure.			B7 Examine jaundice.			B8 Examine anemia.		
Task rating			Task rating			Task rating			Task rating		
Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency
3	1	1	3	1	3	3	3	1	3	3	1
B9 Examine lymph node.			B10 Examine cyanosis.			B11 Examine dehydration.			B12 Examine oedema.		
Task rating			Task rating			Task rating			Task rating		
Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency
3	2	1	3	2	1	3	2	1	3	2	1
B13 Examine clubing.			B14 Check systemic examination (Inspection, palpation, percussion, auscultation).			B15 Perform provisional diagnosis.			B16 Treat the patient according to symptoms/signs.		
Task rating			Task rating			Task rating			Task rating		
Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency
3	2	1	3	3	3	3	2	1	3	3	3
B17 Dispense medicine.			B18 advice patient.			B19 Follow up the patient.			B20 Refer the patient for further treatment.		
Task rating			Task rating			Task rating			Task rating		
Critical	Difficulty	Frequency	Critical	Critical	Critical	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency
3	2	3	3	1	3	3	2	2	3	1	1

C. Sterilize tools/equipment.

C1 Sterilize tools/equipment by sunlight.			C2 Sterilize tools/equipment by boiling.			C3 Sterilize tools/equipment by steaming (Autoclave).			C4 Sterilize tools/equipment by savlon and dettol.		
Task rating			Task rating			Task rating			Task rating		
Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency
2	1	1	3	1	2	3	2	3	2	1	1
C5 Sterilize tools/equipment by flaming (Spirit).											
Task rating											
Critical	Difficulty	Frequency									
3	2	1									

DUTIES and TASKS

D. Perform basic surgery.

D1 Perform I and D of boil.			D2 Perform I and D of abscess.			D3 Excision corn. खील उखाल्ने			D4 Perform ingrowing nail out.		
Task rating			Task rating			Task rating			Task rating		
Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency
3	3	2	3	3	2	2	2	2	2	3	1
D5 Perform dry dressing of open wound.			D6 Perform simple suturing (External)/ out.			D7 Remove sharp Nell (Normal) बमको छर्ना निकाल्ने			D8 Perform wet dressing of open wound with gauze piece.		
Task rating			Task rating			Task rating			Task rating		
Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency
3	2	1	3	2	2	3	3	2	3	2	3
D9 Perform magsul dressing.			D10 Perform wet dressing open wound with ribbon.								
Task rating			Task rating								
Critical	Difficulty	Frequency	Critical	Difficulty	Frequency						
3	1	2	3	2	1						

E. Give injection.

E1 Give I/V injection.			E2 Give I/M injection.			E3 Fit the cannula.			E4 Give S/C injection.		
Task rating			Task rating			Task rating			Task rating		
Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency
3	2	2	3	1	3	3	2	2	3	3	1
E5 Give I/D injection.											
Task rating											
Critical	Difficulty	Frequency									
3	3	1									

F. Run MCH/FP clinic.

F1 Perform pregnancy test.			F2 Examine pregnancy.			F3 Give TT injection.			F4 Provide ANC service.		
Task rating			Task rating			Task rating			Task rating		
Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency
3	1	1	3	3	1	3	1	1	3	3	1
F5 Perform normal delivery.			F6 Provide PNC.			F7 Provide pills.			F8 Distribute condom.		
Task rating			Task rating			Task rating			Task rating		
Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency
3	3	1	3	3	1	2	1	2	2	1	2
F9 Advice regarding in family planning.			F10 Perform depo injection.			F11 Give vitamin A.			F12 Provide vaccine of immunization.		
Task rating			Task rating			Task rating			Task rating		
Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency
3	1	1	2	1	2	3	2	1	3	2	2

G. Provide community health education.

G1 Prepare action plan for campaign.			G2 Advice about communicable disease.			G3 Advice regarding personal hygiene.			G4 Prepare re-hydration solution.		
Task rating			Task rating			Task rating			Task rating		
Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency
3	2	1	3	2	2	3	1	3	3	1	3
G5 Provide education of mal nutrition.			G6 Advice regarding HIV/STD.			G7 Advice regarding zoonotic diseases.			G8 Advice regarding environmental sanitation.		
Task rating			Task rating			Task rating			Task rating		
Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency	Critical	Difficulty	Frequency
3	2	2	3	1	2	3	2	1	3	2	2

Rating options:

0= No

1= Low

2= Medium

3= High

Additional Information for Job Title

Worker Trait	Entry Requirement	Career Path
ईमानदार, सेवाभावले खोतप्रोत, मनोभाव बुझ्ने, हौसला दिन सक्ने, धैर्य, निष्पक्ष, कर्तव्य निष्ठावान, स्वस्थ, गोपनियता, परिश्रमी, स्पष्ट वक्ता ।	१० कक्षा उत्तीर्ण - १८ महिना तालीम ०८ कक्षा उत्तीर्ण - २ वर्ष तालीम राष्ट्रिय सीप परीक्षण समितिको नियम अनुसार	Model Health Worker, L - 3
Technical Knowledge <ul style="list-style-type: none"> • Making action plan. • Normal Value of TPRBP. • History taking procedure. • Signs/symptoms of common diseases. • Duration, dose of common medicines: <ul style="list-style-type: none"> ○ Analgesic: Cetamol, Declofenac, Ibuprofen. ○ Antibiotic: Cotrimoxazole, Amoxycilline, Ciprofloxacin, cloxaciline, Norfloxacin, Doxycycline, ○ Antiprologol: Metronidazole, Tinidazole. ○ Antiemetic Metoclopramide. ○ Antihistamine: Cetrajn. ○ Antispasmodic: ○ Anthelmoetize: Albendazole, Mebendazole. ○ Antifungal: Fluconazole, Cotrimoxazole cream, Gamabenzole, Hexacloride. ○ Antiseptic: Betadine, Savlon, Detol, Normal sline RL, D5. • Indication and contraindication of common medicine. • Side effect of common medicine. • Condition of foetal (baby). • FHS. • Importance of family planning. • Differentiate between normal and abnormal delivery. • Types and condition of wounds. • Injection rout. • Methods of sterilization of tools and equipment. • Condition of patient. • Normal anatomical position of baby. • Rout, dose, duration and time of immunization. • Indication of immunization. 		Tools/Equipment/materials <ul style="list-style-type: none"> • Thermometer, BP set, Torch light, Watch, ENT set, Stethoscope, Register, Weighing machine, Bed, Chair, Spirit swab. • Feutoscope, Measuring tape, Speculum, Syringe, Gloves, PT strip, Urine sample container, Refrigerator, Slide and ABD chemical, Lind set, Delivery set, Torniquite, Pills, Depo, Condom, TT injection, Polio, Vitamin A, Calcium, Iron, IV set, Cannula, Adhesive tape. • Autoclave, Spirit, Savlon, Detol. • Forceps box, Kidney tray, Scissors, Towel, Heater, Lighter, Steam, Sterilization box, Rapper, Stretcher, First aid box. • Niddle, Surgical blades, Threads, Eye towel, Antiseptic solution and ointment, Bandage, forcep scissors, Blade holder, Niddles holder, Tray, Soap, Xylocon 1 and 2%, Surgical gloves, Container, Apron.